



Milford Recreation Winter Guide!

2025-2026

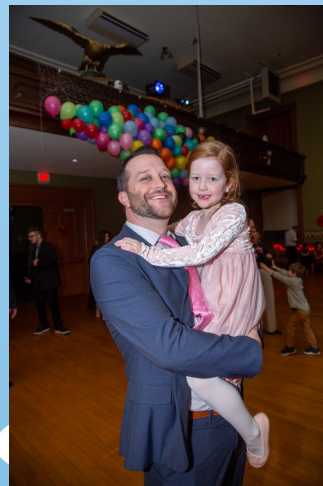
WWW.MILFORDREC.COM



Toddler Basketball!!



Breakfast W/Santa!!



**Someone
Special Dance!!**



Senior Trips!!



1 Union Square • Milford, NH 03055
Phone (603) 249-0625 • Fax (603) 673-2273
recreation@milford.nh.gov





Breakfast with Santa!

Pancakes & Sausage

Saturday Dec. 13

8:30 am - 10 am

Town Hall Auditorium

Children under 2 eat

FOR ALL AGES

FREE, \$10 per person

Registration required;

Deadline Dec. 7

Register @www.milfordrec.com

Someone Special Dance!

Sat, March 7th

\$10 per person

6-8pm



Town Hall Auditorium

Registration required;

Deadline: 3/6 @NOON

Register @www.milfordrec.com

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SANTA ON THE OVAL!

Dec. 7

12 pm ~ 2 pm

Visit Santa and enjoy free hot cocoa and cookies provided by the Milford Lions Club!



Milford Area Seniors

Seniors meet to socialize **every Tuesday, 10am-12pm, at the Milford Town Hall Banquet Room**

Coffee and other goodies will be available. The Milford Area Seniors welcomes all people 50 and older who wish to either volunteer or come to the activity center. Donna Thibodeau at (603) 721-9747

How to Watch a Good Program Die

Nothing kills a recreation program faster than participants who wait last minute to register.

There is a point when a program must be cancelled or modified if there is insufficient registration. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies.
Please Register Early!



Sponsorships 2025

We are extremely thankful for our sponsors! Thank you all for your generosity this past year!

Arthur L. Keyes Memorial Trust



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Toddler Programs!!

Minis in Motion

Our Minis in Motion Program is a fun and energetic way for children to explore movement, rhythm, and self-expression! Kids will develop coordination, confidence, and creativity through imaginative activities, playful choreography, and exciting music. The class encourages freedom of movement and helps children build important motor skills while having a blast! Perfect for young dancers who love to move and express themselves!

Fee: \$40

Mondays 1/5 - 1/26

10:00 - 10:45 am

Ages: 2-5

Min: 5 Max: 12

Town Hall Auditorium

Registration Deadline: 1/4

Toddler Basketball!

Ages 2-5 Get your children moving during the cold winter months! Join us for **Tiny Dunkers & Power Slam Dunkers**, an introduction to Basketball program ages 2-5. While learning about basketball, they will also improve coordination, following instructions, encourage locomotion, and living a healthy and active lifestyle! Parent participation is necessary!

Min of 5 Participants!

Fee: Res \$40, NRes \$45

Tuesdays: S1: 1/6 - 1/27 & S2: 2/3 - 3/3

Tiny Dunkers, ages 2-3 @ 10-10:30 am

Power Slam Dunkers, ages 4-5 @ 10:30-11 am

Min: 5 Max: 12

Town Hall Auditorium

Registration Deadline: 12/30, 1/27

NO PROGRAM 2/24

Toddler Play Along

Milford Recreation Department, in partnership with Milford Kids Thrive, is bringing back Toddler Play Along! This is a great place for parents and toddlers to come play and chat! Lots of toys and open space, plus seasonal songs, and games! Perfect for these

Winter months!

FREE PROGRAM

January 16th - April 24th

Ages: 1 - 4

Join us on Fridays: 10-11 am

Boys' & Girls' Club

Vacation Week Activities:

Monday, February 23rd:

YMCA Swimming & Yankee Lanes Bowling

Spend the day with us as we will take a trip to the Keene Family YMCA, where we will enjoy a morning of swimming! In the afternoon, we will stop by Yankee Lanes to play a few rounds of bowling! Food is included; please bring an extra pair of clothes, a towel, and water!

Fee: Res: \$65 NRes: \$70

February 23, 2026

Ages: 8-13

Min: 8 Max: 13

Leave 127 Elm Street Parking Lot @8:30am

Depart Keene, NH @3:00pm

Arrive in Milford by 4:00 pm

Registration Deadline: 2/9

Tuesday, February 24th:

Great Wolf Lodge Water Park

Enjoy the day at the Indoor Water Park, where it's a full day of fun and splashes! Pizza will be provided! Please bring your swimsuit, towel, extra clothes, appropriate footwear, and water!

Fee: Res: \$75 NRes: \$80

February 24, 2026

Ages: 8-13

Min: 10 Max: 12

Leave from 127 Elm Street Parking Lot in Milford, NH @8:30 am

Depart Fitchburg, MA @3:00 pm

Arrive in Milford by 4:00 pm

Registration Deadline: 2/10

Wednesday, February 25th:

Block Party Arcade & Movie

Join us for a day of arcade games, laser tag, and a movie! Each participant will receive \$20 in gameplay, but bring your own money! Food & Cupcakes will be provided for everyone! After our game play, we will make our way back to Milford's Town Hall Auditorium for a movie with popcorn and delicious drinks!

Fee: Res: \$75 NRes: \$80

February 25, 2026

Ages: 8-13

Min: 8 Max: 13

Leave from 127 Elm Street Parking Lot in Milford, NH @9:30am

Depart Hooksett @1:30

Arrive in Milford @2:00 for Movie

Registration Deadline: 2/11

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Thursday, February 26th:

Wildlife Encounters!

**\$5 per person at door
(infants/crawlers are free)**

11 am - 12 pm

Town Hall Auditorium

Come slither down to Town Hall as meet, great, and learn about different animals from around the world!

Adult Programs!!

Tai-Chi/Qigong Foundations

This class covers Qigong/Tai Chi fundamentals of breath work, movement, posture alignment, and visualization. Consistently practicing these gentle, meditative movements improves balance, coordination, flexibility, strength and mental clarity. Safe and suitable for everyone.

Tai Chi Foundations

Fee: \$10.00 Per Class

Tuesdays 6:30-7:30pm

Town Hall Auditorium

12/2- 2/24

****NO PROGRAM(S) 12/23****

Tai-Chi Forms

\$40 Per Session

Times: 5:15-6:15 pm

Tues:

Winter 1: 12/2, 12/9, 12/16, 12/30

Winter 2: 1/6 - 1/27

Winter 3: 2/3 - 2/24

Thurs:

Winter 1: 12/4, 12/11, 12/18

Winter 2: 1/8 - 1/29

Winter 3: 2/5 - 2/26

Seated Yoga

Adults (50+) A gentle seated yoga practice. It can be done anywhere, no special clothing required other than to be comfortable. People with physical disabilities are encouraged to try this. Moves are done slowly and mindfully.

Fee: \$40 Per Session

Thursday's 10-11am

Min: 5 Max: 15

Winter Session 1: 12/4, 12/11, 12/18

Winter Session 2: 1/8, 1/15, 1/22, 1/29

Winter Session 3: 2/5, 2/12, 2/19, 2/26

Registration Deadline: 12/3, 1/7, 2/4

Town Banquet Room

Pickleball

Join us at the Boys' & Girls' Club to play pickleball! No equipment or experience is needed! This is a class for people who are looking to learn and enjoy the game. There will be 3-Round Robin Courts; 1 Beginner Court (Instructions, NOT LESSONS)
****NO SCHOOL DUE TO WEATHER
MEANS NO PICKLEBALL****

Monday's & Thursday's

Fee: \$3 drop in or \$25 for session

8:30 am - 10:00 am

Monday's S1: Nov. 17th – Jan. 12

NO Program on 12/29

Monday's S2: Feb. 2nd – March. 30th

NO Program 2/23

Thursday's S1: Nov. 20th – Jan. 29th

NO Program 11/27, 12/25, 1/1

Thursday's S2: Feb. 5th – April 2nd

NO Program 2/26

For The Family!

Ice Fishing w/NH Fish & Game!

Ages 8+. Ice fishing is a recreational activity the whole family can enjoy. This introductory course will cover tip-ups and other ice fishing equipment, ice safety, knot tying, fish identification, ethics, rules and regulations, and basic winter ecology. After completing a classroom session, you'll head out on the ice and test your newly learned skills. A minimum of 8 participants is needed. Pre-registration is required. PLEASE REGISTER THROUGH THE NH FISH & GAME WEBSITE!!

THIS IS A FREE PROGRAM!

Registration Opens 12/15

Classroom Session: 1/23 6:00-8:30 pm

Milford Town Hall Banquet Hall

Field Trip: 1/24 9am-12pm Individuals 14 and under must be accompanied by an adult.

Participants must complete classroom time to attend the field trip.

<https://nh-events-web.s3licensing.com/Event/AllEvents?EventTypeID=161&ClassActivity=15>

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Senior Programs!!

Coffee Connections 10:00-11:30am
Banquet Hall in Town Hall 3rd Floor
2nd Wednesday of the Month
603-249-0625

° **November 12th: Thanksgiving Trivia**

Get ready for a fun-filled morning of Thanksgiving Trivia! Test your knowledge about the history, traditions, and fun facts of this beloved holiday. It's a great way to connect with friends, share laughter, and learn something new!

Snacks and beverages will be provided.

Registration required by Nov 5th. 603-249-0625

° **December 10th: Senior Holiday Luncheon**

*****12-2pm \$12 per person. *****

Enjoy the spirit of the holidays – join us for a catered full-course turkey dinner. Games, laughter, great merriment and raffle prizes!

Please bring a non-perishable food item for SHARE

Registration required by Nov 19th 603-249-0625.

BRUNCH BINGO

Every 4th Wednesday (Mar-Nov)

12:00pm-2:00pm

3rd floor Banquet Hall,
Milford Town Hall

\$3 for 2 Bingo cards, product prizes for winners of each game Bring a brown bagged lunch and play B-I-N-G-O! OR Lunch can be provided by Meals on Wheels of Hillsborough County (\$3.00 suggested donation) To reserve lunch, please call

Carol McKillip

603-424-9967 by the Friday before the event.

**Registration opens
October 15th!**

Bus Trips!!

Festive Flickers!

Join us this Holiday season for a series of FREE bus trips for Adults/Seniors to enjoy holiday the lights of Southern, NH. Each week in December, we'll take you on a journey to explore beautifully decorated neighborhoods and dazzling displays. Don't miss out on the joy of the holidays. Sign up for a trip today and experience the charm of our local holiday lights!

FREE PROGRAM!!

Trip Dates: 12/3, 12/10

Time: 4:00—5:30 pm

ALL AGES WELCOMED!!

Leave Milford 4:00 pm

Arrive in Milford at 5:30 pm

Limited to 14 Participants on each trip!

Registration Deadline: 11/26 & 12/3



Tony Bennett & Barbara Streisand Christmas Tribute Show!

The tribute show "Smile" is a wonderfully enjoyable day full of the songs these two icons are best known for such as "People", "The Way We Were", "I Left My Heart in San Francisco", "Fly Me to the Moon" as well as coming together for your favorite duets such as "Lady is a Tramp", "New York, New York" and many more. But wait there's more, with a special guest appearance by "Lady Gaga" who will perform with "Tony" some of their favorite songs from their GRAMMY AWARD winning Album Love for Sale. But of course, NO Christmas show would be complete without some of our very favorite Christmas songs. Enjoy your favorite holiday classics in a way only these harmonious voices can do.

Fee: \$104

Thursday, December 4th

10:30 am - 4:30 pm

**Apple Cranberry Stuffed Chicken or
Vegetable Lasagna**

Depart from 127 Elm Street Parking Lot

10:30 am

Castleton in Windham, NH.

Registration Deadline: 11/20

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Holly Jolly Journey Litchfield, NH!

Embark on the greatest Christmas Light Show you will ever see! This WALKABLE light show is one of the best in the State of New Hampshire! Make sure you pack your winter gear for this amazing trip! Food and Hot Chocolate at the Park!

Fee: \$45

Thursday, December 11th

4:30 pm - 8:30 pm

Adults & Seniors

Min: 5 Max: 14

**Depart from The 127 Elm Street Parking Lot at
4:30 pm**

**1 Bus Trip Only, Register Today to save your spot!
Registration Deadline: 11/27**



The Nash Casino

Get ready for an exciting casino trip! Whether you're trying your luck at the slots, enjoying a game of poker, or savoring delicious dining options, there's something for everyone. Don't forget to set a budget, have fun, and soak in the vibrant atmosphere. Good luck!

Fee: \$10

Trip includes: Transportation, Lunch is self-pay!

Date: February 12th

Adults & Seniors

Min: 5 Max: 14

Depart Milford at 9 am

Depart Nashua at 3:15 pm

Registration Deadline: 1/22



Puzzle Palooza February 6th 6-8pm!

Come join us at the Town Hall Auditorium where multiple teams of 1-4 compete against the clock to complete a puzzle in two hours.

Everyone will be given the same puzzle.

Prizes will be awarded to the team who finishes first!

\$40 per team (1 person registers)

Deadline to Register January 23rd @milfordrec.com

Need a team? Email recreation@milford.nh.gov





NEW YORK CITY

Saturday, November 15

**\$100 per
person**

(Includes transportation on a luxury motor coach)

Join us for a day trip to the big apple! Start your holiday shopping, see a play, or go to a museum. It is your day!

Trip Itinerary :

Depart Milford : 6 am

Rockefeller Center &

New York Public Library

Drop-offs : Approx. 10 : 30 am

Depart NYC : 6 : 00 pm

Arrive Home : Approx. 11 pm

Parking Locations :

Cirtronics

(Rte 13 South)

www.milfordrec.com

